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| MUF25 – Blueberry Lemon Muffin & Chocolate Muffin | | | | |
| NUTRITION INFORMATION Servings per package:4 Serving size: 130g | | | | |
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|  | Chocolate Muffin | | Blueberry Lemon Muffin | |
|  | Average Quantity per serving | Average Quantity per 100g | Average Quantity per serving | Average Quantity per 100g |
| Energy | 1980kJ | 1520kJ | 1990kJ | 1530kJ |
| Protein | 7.0g | 5.4g | 6.1g | 4.7g |
| - gluten | Contains | Contains | Contains | Contains |
| Fat, total | 24.2g | 18.6g | 7.2g | 5.5g |
| - saturated | 5.4g | 4.2g | 4.2g | 3.3g |
| Carbohydrate | 57.2g | 44.0g | 95.1g | 73.1g |
| - sugars | 33.9g | 26.0g | 55.2g | 42.4g |
| Dietary Fibre | 2.9g | 2.2g | 2.4g | 1.9g |
| Sodium | 274mg | 211mg | 460mg | 354mg |
| Perce+A1:E16ntage Daily Intakes are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs. | | | | |
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INGREDIENTS:

Choc Muffin: **Muffin Mix** [**wheat flour**, Sugar, **whey powder,** maize starch, **vegetable shortening** (vegetable oil, emulsifiers (471, 477), antioxidant (330), raising agents (500, 541), salt, stabiliser (415), **flavour** (**contains milk, egg**), vanillin)], **Egg**, Water, Canola Oil, **Dark Compound** (7%) [sugar, vegetable fat (SG palm), cocoa powder, **emulsifers** (**soya-322**, 492, 476), flavourings], Cocoa Bean (3.5%).

Blueberry Lemon Muffin: **Muffin Mix** [**wheat flour**, Sugar, **whey powder**, maize starch, **vegetable shortening** (vegetable oil, emulsifiers (471, 477), antioxidant (330), raising agents (500, 541), salt, stabiliser (415), **flavour** (**contains milk, egg**), vanillin)], Blueberries (9%), **Coconut** (**sulphites**), Lemon Zest (1%).

**Allergens: Egg, Milk, Soy, Sulphites, Wheat**

**Made using equipment that is also used to process: Peanuts, Sesame, Tree Nuts**

Store ambient unless hot and humid, then keep me chilled

Net Weight: 520g

**Made in New Zealand**